

ONE DAY CONFERENCE, LONDON

CONSEQUENCES FOR CHILDREN AFFECTED BY MATERNAL DRUG & ALCOHOL USAGE



DATE: TUESDAY 22 MAY 2007
TIME: 8.45AM FOR 9.15AM START – 4.30PM
VENUE: BANKSIDE HOUSE (SOUTHBANK – ADJACENT TO TATE MODERN) 24 SUMNER STREET, LONDON, SE1 9JA
COST: £100.00 IF BOOKED BEFORE 08/05/07
 £110.00 IF BOOKED AFTER 08/05/07
 £45.00 FOR FAMILIES / CARERS
DISCOUNT: 10% DISCOUNT TO GROUPS OF 3 OR MORE FROM THE SAME ORGANISATION

****N.B** Solicitors and Social Workers can gain CPD Hours for attending this conference.**

TARGET AUDIENCE

Social Workers, Children's Guardians, Solicitors, Foster, Adoptive & Short-break Carers, Family Placement Workers (Fostering & Adoption), Education Professionals, Therapists, Medical Advisors, Policy Makers, Disability Teams, SENCO's, Teachers, Pediatricians, Health Visitors, Midwives, Psychologists, Drugs & Alcohol Advisers.

PROGRAMME

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| 08.45 | REGISTRATION & REFRESHMENTS | 30 MINS |
| 09.15 | WELCOME & INTRODUCTION <i>Lord Griffiths of Pembrey and Burry Port, Minister of Wesley's Chapel in London and Cofounder of Addiction Recovery Foundation (ARF)</i> | 15 MINS |
| 09.30 | 'LIVING WITH FABULOUS CHILDREN' (ADOPTER OF 2 SIBLINGS AND THEIR HALF SISTER) <i>Susannah Easton, Adopter of 2 siblings and their half sister</i> | 15 MINS |
| 09.45 | THE FOETAL BRAIN & ALCOHOL – DEFINING FOETAL ALCOHOL SPECTRUM DISORDER (FASD) AND DIAGNOSIS & IDENTIFYING THE LONG TERM NEEDS OF CHILDREN AFFECTED BY ALCOHOL & DRUGS. - OVERLAPPING DIAGNOSES <i>Dr. Raja Mukherjee, Consultant Psychiatrist, Surrey and Borders Partnership NHS Trust</i> | 45 MINS |
| 10.30 | HIDDEN HARM – 3 YEARS ON: REALITIES, CHALLENGES & OPPORTUNITIES – THE IMPACT OF DRUGS, ALCOHOL & DOMESTIC VIOLENCE <i>Tom Aldridge, Young Person's Manager, National Treatment Agency for Substance Misuse</i> | 30 MINS |
| 11.00 | QUESTIONS | 15 MINS |
| 11.15 | REFRESHMENTS | 15 MINS |
| 11.30 | THE DRUG & ALCOHOL FAMILY COURT PROJECT: CONCLUSIONS & PROPOSALS FOR THE FUTURE <i>Mary Ryan, Lawyer & Project Development Consultant, Wells Street Court</i> | 60 MINS |
| 12.30 | LUNCH - > <i>'Alphamusic' Exhibition from John Levine, Australian Composer</i> | 60 MINS |
| | WAYS FORWARD | |
| 1.30 | RAISING AWARENESS OF AN INCREASING PROBLEM <i>Susan Fleisher, Executive Director, NOFAS UK</i> | 40 MINS |
| 2.10 | THE ROLE OF MULTI-DIMENSIONAL TREATMENT FOSTER CARE IN MEETING COMPLEX NEEDS <i>Dr. Barrie Brown, Site Consultant – National Implementation Team, Treatment Foster Care</i> | 30 MINS |
| 2.40 | REFRESHMENTS | 10 MINS |
| 2.50 | MULTI-DISCIPLINARY REVIEW PROCESS > <i>Jacky Gordon, Project Leader, Parents for Children</i> > <i>Dr Mary Mather, Consultant Community Paediatrician, Bexley Care Trust (Doing Holistic Assessment)</i> > <i>Meti Tadesse, Psychologist</i> | 40 MINS |
| 3.40 | NEW INTERVENTION: NUTRITIONAL ADVICE, BIMANUAL COORDINATION & EXERCISE <i>Shefalee Loth, Nutritionist and Annie Emerson, Sports Adviser & World Duathlon Champion</i> | 20 MINS |
| 4.00 – 4.30 | PLENARY & CLOSE | 30 MINS |

To book a place on this conference contact Charlotte Lindsell on 020 7520 2880 or by E-mail at charlotte@parentsforchildren.org.uk www.parentsforchildren.org.uk By 15/05/07

CERTIFICATE OF ATTENDANCE & CPD HOURS

All delegates will receive a certificate after attending this conference. Certificates for Social Workers and Solicitors will detail the total CPD hours (as below).

CPD Points for Social Workers:

CPD Hours: 6 Hours 50 Minutes

CPD Points for Solicitors through The Law Society

CPD Reference for this course: DFZ / PAFC Grade: Intermediate

CPD Credit: 5 Hours 50 Minutes

TESTIMONIALS OF THIS CONFERENCE

Parents for Children ran this conference in London in November 2006, due to its success, we are running this event again in London and in Sheffield. See the comments below from a range of delegates who attended our November conference:

'Thank you all.' (Foster carer and parent).

'Wonderful experts in the field. Would prefer not to come to London, had to get up at 4am - tired by 3pm! But pleased I came.' (Specialist Drug & Alcohol Midwife from Newcastle).

'All the speakers topics were very useful, thanks to Parents for Children for an interesting insight into consequences for children affected by maternal drug and alcohol usage (all carers should attend).' (Carer).

'Thank you for a very interesting day. Video re: FAS and music CD's I will consider purchasing for service users' (Social Worker).

'Excellent!!' (Supervising Social Worker)

'Well organised.' (Parent)

'fascinating and very relevant' (Social Worker).

'I like the way the day was arranged so that (mainly) the p.m. activities were more entertaining (no problem of staying awake)' (Social Worker).

'Loved the food, the content and the company.' (Carer).

'I liked the variety of speakers and comments from the floor and diversity of attendance.' (Named Nurse Safeguarding Children).

'Impressed with the enthusiasm of speakers and others.' (Social Worker - Child Care Team).

'Info on fetal alcohol and affects = most interesting for me.' (Adoptive Mother/Social Worker).

'The different views brought by the various speakers. Fascinating and relevant information shared by Anne Greenough.' (Fostering Social Worker).

'Diversity of topic.' (Senior Project Worker).

'I thought all speakers were excellent.' (Specialist drug & alcohol midwife).

'The conference moved and flowed quite nicely, not rushed.' (Parent Development Worker).

AIMS & LEARNING OUTCOMES

Recent research into the area of children affected by birth mother's use of drugs and alcohol has shown that this is a serious and increasing contemporary problem. A recent BBC documentary found that there are no reliable figures of the number of children affected, but experts estimate that there are about 7,000 children living in the UK, who were born with lifelong incurable problems caused by their mother's drinking during pregnancy. Mothers' drug-taking too is a factor in a significant proportion of care proceedings, often leading to the permanent removal of those children from their birth family. A number of these children are in the looked after population, some will need to be placed with permanent families, or, for adoption.

A range of national and international experts have been assembled for the programme of this conference, to highlight the needs of the children involved and ways in which their long-term needs can be diagnosed. Other speakers will address ways in which these children can be helped, from a multi-disciplinary approach. The speakers represent a range of disciplines, including a Psychologist, Lawyer, Psychiatrist, Pediatrician and a parent.

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The course is designed for social workers, lawyers involved in care proceedings, health professionals and those working within the field of drugs and alcohol.

Despite the increasing focus of the risks of drugs and alcohol, surprisingly little attention has been paid to the needs of the unborn child. Delegates would therefore not need any prior knowledge on this topic as the programme aims to heighten this knowledge.

From attending this conference, delegates will be aware of, and understand, the permanent problems for these children and the risks for their future, together with the potential of the legal system to balance these risks, and, ways forward. Delegates should be inspired to disseminate these messages and highlight the risks and permanent problems for these unborn children, of maternal drug and alcohol usage.

BIOGRAPHIES

Edwina Brocklesby – PhD BSc (Econ) CQSW Director, Parents for Children. After 20 years of fostering, adoption, child protection and promotional work of the Children's Act '89 with its duty to promote contact, Eddie felt compelled towards researching the realities of post-adoption contact. 10 years later, in the lives of 138 children, her qualitative research focuses on letterbox contact that became the norm. Eddie is now the Director of Parents for Children, where many of the placements have ongoing and increasingly complex contact.

Susan Fleisher is Executive Director of NOFAS UK. NOFAS UK is committed to helping individuals affected by Foetal Alcohol Spectrum Disorder (FASD) and their families. It promotes public awareness about the risks of alcohol consumption during pregnancy. NOFAS UK is a charity with the goal of raising awareness and to support individuals with FASD, their families and carers. Member of the Advisory Group on Fetal Effects of Alcohol Systematic Review for the Department of Health. Founder of the International FASD Medical Advisory Panel. Member of Advisory Committee - International Conference on FASD Research, Policy and Practice Around the World. Adoptive mother of a 19 year old daughter with FAS.

Shafalee Loth. Associate Public Health Nutritionist, Msc Public Health Nutrition, London School of Hygiene and Tropical Medicine. Experience of working within SureStart and Children's Centres advising on maternal and child nutrition; working on an infant-feeding programme in Lusaka, Zambia; and writing a systematic review on behalf of the World Cancer Research Fund.

Mary Ryan, Independent Family & Child Care Consultant. Mary Ryan has been working with RTB Associates as an independent family and child care consultant since 1996. Recent commissions have come from a wide range of local authorities and PCTs in England, as well as other organisations including the Department of Health, YoungMinds, Research in Practice, the National Children's Bureau and Family Rights Group. The work has included multi-agency audits of need to inform the development of services; the evaluation of services for children and families; literature reviews of research evidence; developmental work in relation to the mental health needs of young offenders and improved services for families where parents are misusing drugs or alcohol or have mental health problems.

Mary Ryan is a lawyer who, when in practice, specialised in public law relating to children and families and combined legal practice with social care research, training and development work. She was the legal adviser for, and subsequently Director of, Family Rights Group from 1982-1996.

She is the author of *The Children Act 1989: Putting it into Practice* (Ashgate, 2nd edition 1999); *Working with Fathers* (Radcliffe Medical Press, 2000); *Fathers Matter: Research Findings on fathers and their involvement with social care services* (FRG 2006) and *Champions for Children*, a series of research and practice briefings for local authority councillors (2004-2006, Research in Practice).

Dr Raja Mukherjee, Consultant Psychiatrist. Dr Raja Mukherjee, is a Consultant Psychiatrist for people with learning Disability in Surrey and Border Partnership trust. He has a lifespan interest and expertise in neurodevelopmental conditions such as Autism and ADHD. His interest specifically in FAS started 5 years ago. The discovery that there was very little UK work into FAS led him to begin to research, teach, publish as well as see patients with FAS clinically. Dr Mukherjee has given evidence on FAS to the DOH, House of Lords and is a member of the NOFAS UK medical advisory panel. He has spoken at over 20 national, regional, and international conferences on the subject of FAS. Dr Mukherjee has published numerous articles in peer reviewed journals and lay press about FAS as well as appearing on numerous TV programmes on the subject. Dr Mukherjee is currently one of the few people in the UK specialising in children and adults with FAS, offering tertiary level advice and support in order to raise the profile of the condition in the UK.

'Alphamusic' from John Levine, Australian Composer (Lunch-time Exhibition)

www.silenceofmusic.com

John Levine has spent his working life in music research and composition. He has studied brain function, meditation techniques, psychology and the metaphysics of illness.

- The study of brainwaves and how they affect mood has been proved by science. John deliberately incorporates this knowledge into all his music.
- Alphamusic encourages your brain to calm down and produce brainwaves at a slower frequency, called alpha.
- In *alpha* state the brain produces chemical hormones known by science to make us feel better, happier, more focussed and even feel more in love!
- In *alpha* you are fully conscious and alert, yet completely relaxed and receptive.
- Many musical traditions influence John's work. He profoundly feels and understands why every culture in the world uses music to assist with the symptoms of illness and give people freedom from emotional pain.
- Effects of Alphamusic on children – happy, calm and creative. E.g. Children play more cooperatively and creatively with Alphamusic as a background. Hyperactive (add/adhd) children find the music calming and soothing. There is evidence of *dramatic change* in children with disruptive or aggressive behaviours. Fretful, sleeping and crying babies are soothed. Infants settle more easily.

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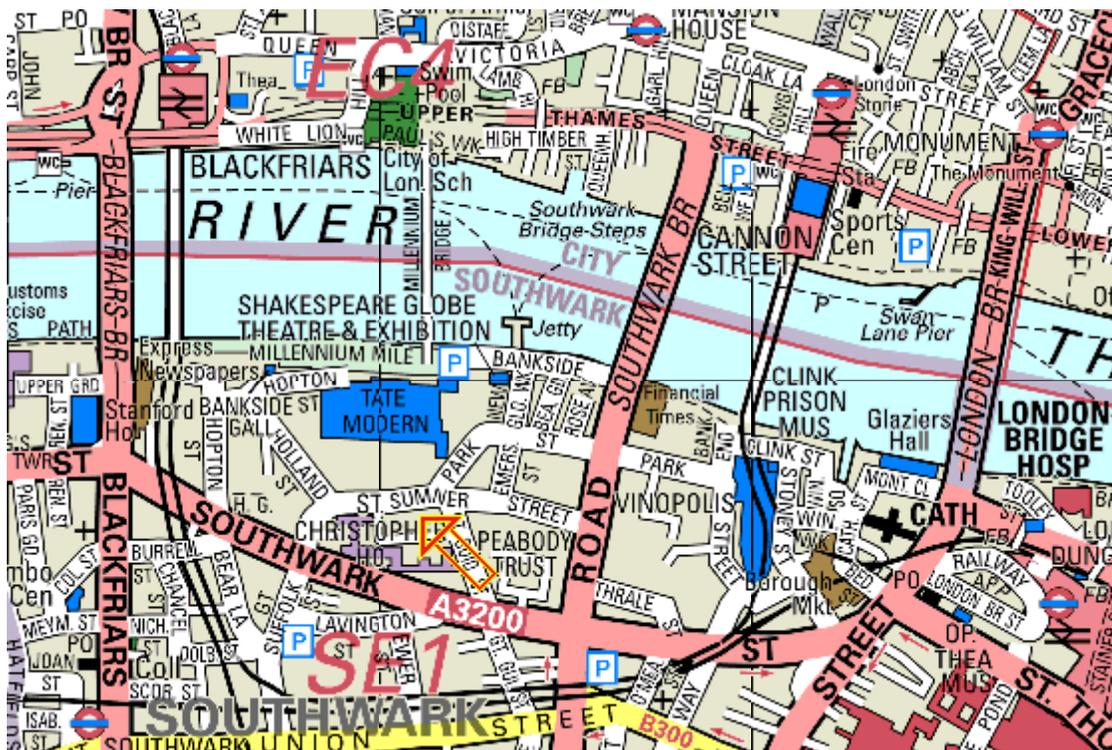
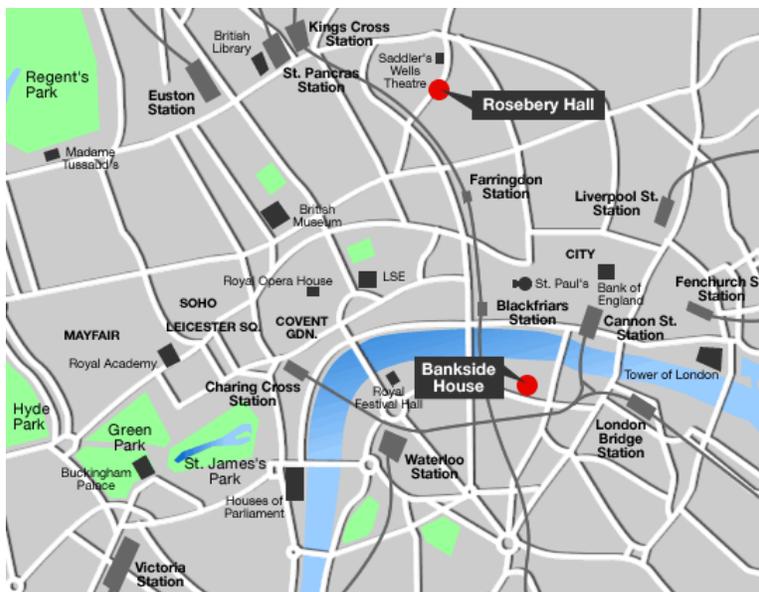
VENUE LOCATION MAP

Bankside House, 24 Sumner Street, London, SE1 9JA
Tel: 020 7107 5750

Bankside House is in Central London, on the historic south bank of the Thames, near the Globe Theatre and the Tate Modern.

 **Nearest Tubes to Bankside:** London Bridge, Southwark, Borough.

Bankside House is approximately ten to fifteen minutes from mainline National Rail stations.



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