



Lee Valley five2Go Festival of Running

# Entry Form

## 5k Fun Run Saturday 10th November 2007 at 12noon

**Start/Finish:** Hackney Marsh East.

With five years to go until 2012, Parents for Children is delighted to announce a series of running events around the outstanding Lee Valley Park. A flat 5k Fun Run around Hackney Marsh East. This route is a 2 loop route around Hackney Marsh East, overlooking the 2012 Olympic site. We are also delighted to be able to offer a 1k Fun Run for younger children (please note this event is free and entry is strictly on the day, just come along and register to pick up your number!) All runners will receive a goody bag and commemorative teddy bear. The 5k course is run on short grass, but is unfortunately inaccessible to wheelchairs due to the nature of the surface when wet.

For full race information, please go to [http://www.parentsforchildren.org.uk/pages/fun\\_run\\_details.html](http://www.parentsforchildren.org.uk/pages/fun_run_details.html)

<b>Name</b>	<b>Surname</b>
<input type="text"/>	<input type="text"/>

**Address**

**Postcode**

<b>Email</b>	<b>Date of Birth (DD/MM/YY)</b>	<b>Age on race day</b>	<b>Gender (M/F)</b>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

**Club Name (if applicable)**

**Entry Fee: Over 12's - £8 or FREE to under 12's** (must be accompanied by a responsible adult).

**For Over 18's** (Please read, sign and date below).

I will be over 18 years of age on race day and hereby declare that I am an amateur according to UKA Rules and medically fit to compete. I accept that I enter at my own risk and that the race organisers will in no respect be held responsible for any injury, accident, loss or damage that may arise before, during or after the event as a consequence of my participation in this race.

<b>Signed</b>	<input type="text"/>	<b>Date</b>	<input type="text"/>
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**For Under 18's** (Please read, sign and date below).

I am the parent or guardian of the above named runner who will be under 18 years of age on race day and hereby declare that they are an amateur according to UKA Rules and medically fit to compete. I accept that the runner is entering at their own risk and that the race organisers will in no respect be held responsible for any injury, accident, loss or damage that may arise before, during or after the event as a consequence of their participation in this race.

<b>Signed</b>	<input type="text"/>	<b>Date</b>	<input type="text"/>
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This is a charity event organised by Parents for Children ([www.parentsforchildren.org.uk](http://www.parentsforchildren.org.uk)) in association with BBC's Children in Need. There is a suggested voluntary donation to Parents for Children of £10 (£2 of each £10 donation will be passed onto BBC's Children in Need appeal).

Please tick here if you would like to make an additional donation. **I enclose a cheque for £**

If you feel able to support our important work even more, please download the sponsorship form alongside this entry leaflet and raise what you can for Parents for Children and BBC Children in Need.

To make things even simpler, why not set up an online sponsorship page at Justgiving and email your friends for support. Just go to <http://www.justgiving.com/parentsforchildren> and follow the step by step instructions.

**PLEASE TICK THIS BOX** Help us to get 28% extra! Using Gift Aid means that for every pound you give, Parents for Children gets an extra 28 pence from the Inland Revenue, helping your donation go further. Simply make sure you complete your full postal address, including post code in the form above and tick this Gift Aid box to confirm that you are a UK taxpayer.

**Closing date:** Saturday 3rd November, or when race entry limit reached (maximum race entry 500 participants).

1k Fun Run - Entry only on the day.

**Please send entries with a standard letter sized SAE (cheque made payable to Pfc-2Go) to:**  
Heartbeat Events, PO Box 5898, Bletchley, Milton Keynes, MK4 3GA.



**BBC Children in Need**

is delighted to be the beneficiary of this fundraising activity

Every penny donated to BBC Children in Need goes towards helping disadvantaged children and young people in the UK. This activity has been organised in support of BBC Children in Need. Please contact the organiser for further information. Registered charity number 802052.

